

LUNCH

APPETIZERS

Tomato Fondue with Goats Cheese and Crunchy Bread \$9.95
Pita Chips with Hummus and Greek Salsa \$8.95
Fresh Mozzarella, Tomato, Basil, Balsamic Vinegar and Olive Oil \$9.95

SOUPS AND SALADS

Soup of the Day
BOWL \$5.75 CUP \$3.50 OR Soup and Salad \$8.50
(Choice of House, Caesar OR \$1.00 extra for Greek Salad)

Greek Salad

Feta Cheese, Olives, Red Onion, Pepperoncini, Tomatoes, Cucumbers & Pita \$8.95

Cobb Salad

Grilled Chicken, Bacon, Avocado, Eggs, Blue Cheese Crumbles, Balsamic Vinaigrette
\$11.95

Grilled Salmon Salad

Mixed Greens with Corn, Cucumber, Tomato & Balsamic Vinaigrette \$12.50

Grilled Steak and Chicken Salad

With Goats Cheese, Olives and Roasted Peppers \$12.95

Brie and Cranberry Salad

Mixed Greens with Brie Fritters, Cranberries & Caramelized Pecans \$11.95

Little Nutty Salad

Mixed greens, Maple Walnuts, Asian Pears, Grilled Chicken, Tomatoes and Walnut
Dressing \$11.95

Blackened Chicken Salad

Mixed Greens with Red Onion, Corn, Black Beans & Balsamic Vinaigrette \$10.95

Asian Salmon Salad

Roasted Salmon with Asian Marinade over Spinach with Beets and Soy Ginger
Dressing \$12.95

Tuscany Caesar Salad \$7.95

Add Chicken \$3.50 Add Shrimp \$5.50 OR Salmon \$5.95 to any Salad

QUESADILLAS

Grilled Chicken OR Blackened Chicken Quesadilla \$10.95
Spicy Shrimp Quesadilla \$11.95
Grilled Vegetable Quesadilla \$9.95
All Quesadillas Served with Monterey Jack Cheese, Peppers
And on the Side, Sour Cream and Homemade Salsa

PANINIS

Ham, Cheese and Tomato \$9.50
Beef, Brie and Caramelized Onions \$10.50
Fresh Mozzarella, Roma Tomatoes and Basil Mayo \$9.95
Grilled Vegetables, Cheese and Basil Mayo \$9.50
Spicy Chicken Panini with Peppers, Chipotle Mayo and Cheese \$9.95
Grilled Chicken, Red Onion, Tomato and Gremolata Pesto \$9.75

SANDWICHES

Italian Chicken Filet with Bacon, Tomatoes and Ranch \$9.50
Chicken Pesto with Lettuce, Tomato, and Pesto Mayo \$9.50
Crispy Fish Sandwich with Lettuce, Tomato and Remoulade Sauce \$11.50
Turkey Pastrami Rye with Cheese, Sauerkraut, Russian Dressing on Rye \$9.95
**Peppered Turkey Alfa Sprouts, Red Onion, Avocado, Lettuce, Tomato and Mayo
on Ciabatta \$9.95**
Cobb Sandwich Grilled Chicken, Avocado, Bacon, Lettuce, Tomato and Mayo \$9.95
Seared Salmon Sandwich with Aioli, Arugula and Tomato \$11.95
Blackened Chicken Sandwich Tomato, Red Onion, Cilantro and mayo \$9.50
Blackened Salmon BLT with Caper mayonnaise \$11.95
Black Forest Ham and Brie on Pumpernickel Bread \$10.50
**Chicken Breast Club, Avocado, Red Onion, Blue Cheese, Bacon, Lettuce, Tomato and
Mayo on Wheat \$9.95**
Chicken Caesar Wrap \$9.95

**All Panini's and Sandwiches are Served with a Choice of Side Salad, Substitute Side Salad
for Cup of Soup \$1.50 Extra**

HOUSE SPECIALTIES

MAPLE GLAZED SALMON with Spinach and Potatoes \$12.95
**FETTUCCHINE BERNADETTE Salmon, Avocado, Tomatoes in a Light Cream Sauce
\$13.50**
GREEK RAVIOLI Tomatoes, Olives, Feta Cheese in a Savory Sauce \$11.50
PASTA JAMBALAYA WITH CHICKEN "New Orleans Classic" \$11.95
STEAK AND FRIES with Grilled Tomato \$16.95

18% Gratuity Added to Parties of 6 or More

\$2.00 SPLIT CHARGE