

Tuscany Cafe & Bistro

Lunch Menu

**Appetizers**

**TOMATO FONDUE** with Goats Cheese and Crunchy Bread 10.95

**HUMMUS** with Greek Salsa and Pita Bread 9.95

**FRESH MOZZARELLA** Tomato, Basil, Balsamic and Olive Oil 10.50

**SOUP OF THE DAY** Cup 4.50 Bowl 6.50

**Salads**

**SOUP and SALAD 9.50**

(House, Caesar OR Greek 1.00 extra)

**GREEK SALAD 9.50**

Feta, Olives, Tomatoes, Cucumbers, Onions, Pepperoncini

**COBB SALAD 11.95**

Grilled Chicken, Bacon, Avocado, Egg, Blue Cheese, Balsamic Vinaigrette

**GRILLED SALMON SALAD 13.25**

Mixed Greens with Corn, Cucumber, Tomato and Balsamic Vinaigrette

**GRILLED STEAK AND CHICKEN SALAD 13.95**

with Goats Cheese, Olives and Roasted Peppers

**BRIE AND CRANBERRY SALAD 11.95**

Brie Fritters, Cranberries and Caramalised Pecans

**LITTLE NUTTY SALAD 11.95**

Maple Walnuts, Pears, Grilled Chicken, Tomatoes, Walnut Vinaigrette

Add Blue Cheese 1.00 Extra

**BLACKENED CHICKEN SALAD 11.95**

Black Beans, Corn, Tomato, Red Onion & Balsamic Vinaigrette

**ASIAN SALMON SALAD 13.25**

Grilled Salmon with Asian Marinade over Spinach with Beets and Soy Ginger Dressing

**BLACKENED SALMON SALAD 13.25**

Over Spinach with Nuts, Blue Cheese Crumbles, Raspberry Vinaigrette

**TUSCANY CAESAR SALAD 8.50**

Add Chicken 4.00 Shrimp 5.95 Salmon 6.50

TO ANY SALAD

18% Gratuity Added to Parties of 5 OR More

## **QUESADILLAS**

**Chicken Quesadilla OR Blackened Chicken Quesadilla 11.95**

**Spicy Shrimp Quesadilla 12.95**

**Grilled Vegetable Quesadilla 11.95**

All Quesadillas served with Cheese, Peppers and on the side Sour Cream and Salsa

## **PANINIS**

**Ham, Cheese and Tomato 11.50**

**Beef, Brie and Caramalised Onions 12.95**

**Spicy Chicken with Roasted Peppers and Cheese 11.95**

**Grilled Chicken, Red Onion, Tomatoes and Pesto Mayo 11.50**

**Fresh Mozzarella, Roma Tomatoes and Pesto Mayo 11.50**

**Grilled Vegetables, Cheese and Basil Mayo 11.50**

## **SANDWICHES**

**Italian Chicken Filet with Bacon, Lettuce, Tomato and Ranch 11.50**

**Chicken Pesto with Lettuce, Tomato and Basil Mayo 11.50**

**Crispy Fish Sandwich with Lettuce, Tomato and Remoulade Sauce  
12.95**

**Turkey Pastrami Rueben on Rye 11.50**

**Cobb Sandwich Chicken, Avocado, Lettuce, Tomato, Bacon and Mayo  
11.75**

**Black Forest Ham and Brie on Pumpernickle 11.50**

**Peppered Turkey Sprouts, Onion, Lettuce, Tomato, Avocado, Mustard  
Mayo 11.50**

**Chicken Breast Club Lettuce, Tomato, Avocado, Bacon  
Blue Cheese, Onion, Mayo on Wheat 11.75**

**Chicken Caesar Wrap 11.95**

**Blackened Salmon BLT 12.95**

**Seared Salmon Sandwich with Aioli, Arugula and Tomatoes 12.95**

All Sandwiches Served with a Choice of Side

OR Substitute a Cup of Soup 1.00 extra OR Greek Salad 1.50 extra

## **HOUSE SPECIALITIES**

**Maple Glazed Salmon over Sautéed Spinach with Potatoes 14.50**

**Fettuccini Bernadette Salmon, Avocado, Tomatoes  
in a Parmesan Cream Sauce 14.50**

**Pasta Jambalaya with Chicken 13.50**

**Greek Ravioli Tomatoes, Feta, Olives in a Savory Sauce 12.95**

**Asiago Penne Pasta with Chicken, Spinach and Tomatoes 13.95**

